

LONG COURSE WEEKEND BELGIUM **ATHLETE GUIDE** **2026**

18-20 sept



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1. WELCOME

Dear participants and supporters,

Welcome to Nieuwpoort for the **sixth edition of Long Course Weekend Belgium!**

What once started as an ambitious sports weekend has now become a firm fixture on the Belgian and international sporting calendar.

This year, we are once again taking another exciting step forward. More participants, more experiences and more opportunities to enjoy Long Course Weekend together. And that is something we are incredibly proud of.

Because **Long Course Weekend continues to grow**, but above all, it continues to evolve.

This year, we are introducing plenty of new features. On **Friday evening**, we bring participants and supporters together for our **Pasta Party**, with live music and Happy Hour at the bar. The **KGM Cheer Zone** will bring even more atmosphere and encouragement, while the new **Fagron Health Village** is the place to discover everything related to health and performance. We are also delighted to welcome **up4™** as our new **sports nutrition partner**.

We continue to improve the sporting experience as well. For the first time, the 1.9K and 3.8K swimmers will each have their own start time, giving everyone more space and comfort to enjoy their race. On Sunday, you will discover our completely **renewed running courses** through Nieuwpoort.

The heart of our weekend is growing too. The Festival Square will be bigger than ever, including a **dedicated expo zone** and even more space to come together before and after your race, grab something to eat or drink and soak up the Long Course Weekend atmosphere.

And perhaps one of the best pieces of news of all: Long Course Weekend Belgium is staying in **Nieuwpoort**. Together with the city, we have extended our partnership for another five years. We are incredibly grateful for their trust and look forward to continuing to build this special event here in the years to come.

But we could never make a weekend like this happen on our own.

That is why we would like to thank our **volunteers**, hundreds of whom dedicate their time and energy to giving you a fantastic experience. Our **partners**, who continue to invest in the event alongside us. **The City of Nieuwpoort**, for its trust and long-standing collaboration. And of course, you: **all our participants and supporters** who create that unique atmosphere year after year.

This **Athlete Guide** will help you arrive fully prepared for your Long Course Weekend. Make sure to read it carefully. You will find **all the practical information** you need for your swim, bike and run events, as well as everything there is to experience beyond the courses.

We are ready. Nieuwpoort is ready. Now it is your turn.

Enjoy every moment, support each other along the way and join us in making this an unforgettable Long Course Weekend.

See you at the start!

Team Long Course Weekend Belgium

Madelon, Simon, Marie, Karo, Justine, Fien, Nico & Matthias



2. MUST DO'S

1. [Download our app](#) for all the latest event information and live tracking during the run.
2. For swimmers: [rent your Peaks wetsuit here](#).
3. Avoid the queues on Sunday and collect your race number on Thursday (16h00–19h00), Friday (13h00–20h00) or Saturday (07h00–19h00).
4. On Thursday and during the Pasta Party on Friday, you'll get 10% off in our shop on the Festival Square.
5. [Check the interactive map](#) to explore our Festival Square, courses and important locations such as toilets, parking and the bag drop.
6. Save the emergency number in your phone: [+32 471 01 06 02](#)
7. Plan with your supporters where they'll cheer you on using our [map](#).
8. Enjoy our [pasta party](#) on Friday 18 September, with delicious BAVET spaghetti, live music and a great atmosphere on the Festival Square.
9. On Sunday, cheer on all the runners from the KGM Cheer Zone on the Festival Square! Don't forget to pick up your cheer hand and sign to give the athletes one final boost.



FACEBOOK



INSTAGRAM



STRAVA



3. GETTING THERE

WHERE DO YOU NEED TO BE?

Everything happens in and around our **Festival Square** at the **Fish Market** in Nieuwpoort! This is where you collect your **race number**, enjoy the festival atmosphere and find the start and finish of the swim, bike and run events. One central location for your entire Long Course Weekend!

[GOOGLE MAPS](#)

GETTING THERE

We recommend coming on foot, by bike or by public transport. Bicycle parking is available at our Festival Square!

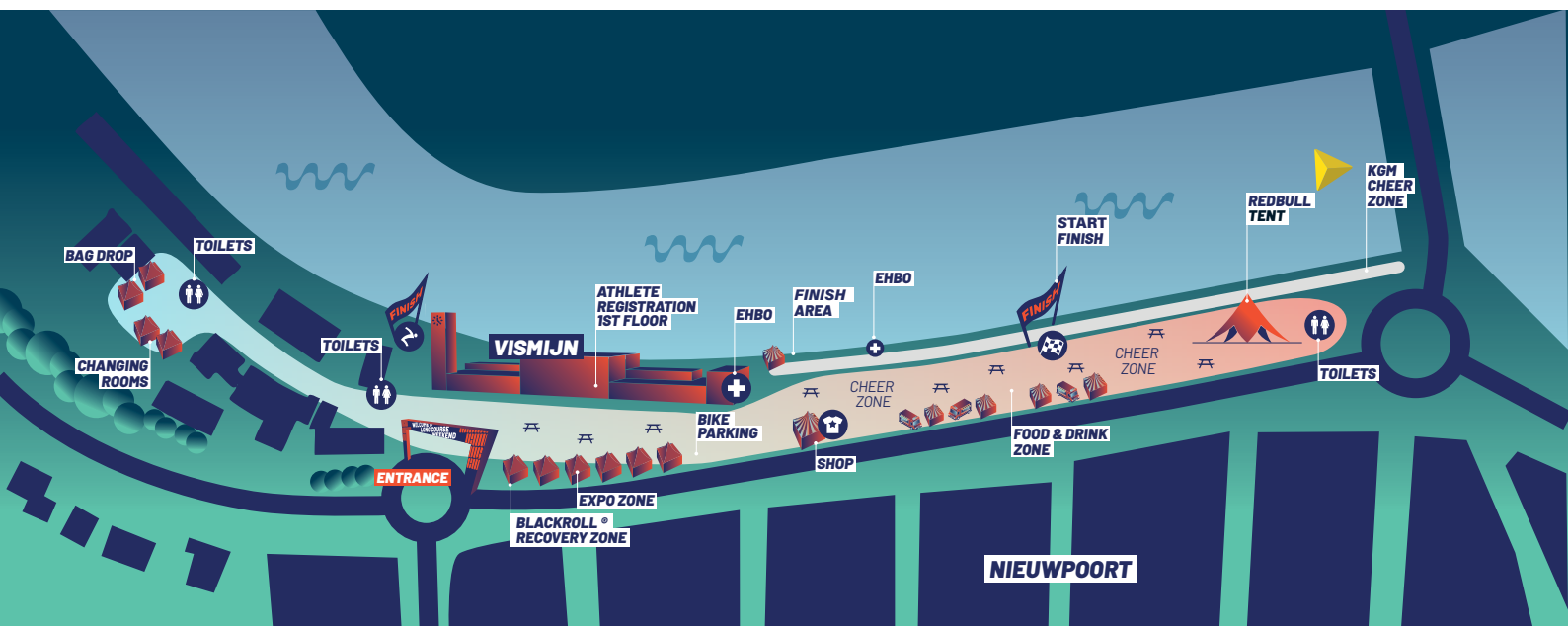
[MORE INFO](#)

COMING BY CAR?

Long Course Weekend Belgium parking: **Redanweg, 8620 Nieuwpoort** – paid parking for visitors, athletes and supporters. We strongly recommend buying your parking ticket online in advance to ensure smooth access during the event. Need a last-minute parking ticket? You can also pay on site!

[BUY YOUR PARKING TICKET HERE](#)

[ROUTE TO PARKING](#)





4. PROGRAM

THU 17 SEPT

16h00 - 19h00	Athlete registration open
16h00 - 19h00	Merchandise & expo open (10% OFF EVERYTHING IN THE SHOP)



FRI 18 SEPT

13h00 - 20h00	Athlete registration open
15h00 - 21h00	Festival square open
16h15	Start Peaks Nieuwpoort Swim 1.9K
17h00	Podium 1.9K
17h20	Cut-off 1.9K
17h25	Start Peaks Nieuwpoort Swim 3.8K
17h30	Start Pasta Party & DJ at the festival square
18h40	Podium 3.8K
19h30	Swim course closes
19h30 - 20h30	Happy hour in the bar + 10% in the shop
19h40	Start cover band
21h00 - 22h00	DJ closes the evening

SAT 19 SEPT

07h00 - 19h00	Athlete registration open
07h00 - 18h00	Festival square open
08h00 - 09h00	Start 180K bike
10h00 - 11h00	Start 90K bike
12h00 - 12h30	Start 45K bike
14h00	Podium Cycle Flanders Fields

SUN 20 SEPT

07h30 - 12h00	Athlete registration open
08h00 - 17h00	Festival square open
09h15	Start X ² O Kids Run
10h00	Start Marathon
10h15	Start 10K
10h30	Start 5K
11h10	Podium 5K
11h25	Podium 10K
12h00	Start Half Marathon - wave 1 < 2:05*
12h10	Start Half Marathon - wave 2 > 2:05*
13h45	Podium Marathon
14h00	Podium Half Marathon
16h00	Medal ceremony Full, Half and Junior Long Course Weekend

*You decide on the day which wave you start in. There is no need to register for a wave in advance.

GIVEAWAY

ENTER OUR GIVEAWAY FOR A CHANCE TO WIN
AMAZING PRIZES FROM OUR PARTNERS!

€ 499



COMPRESSION BOOTS

Recover faster and stay in top shape with the BLACKROLL® Compression Boots!

€ 200



PEAKS DRYROBE

The dryrobe keeps you warm and protects you from the elements.

€ 150



up4™ VOUCHER

Take your performance to the next level with the best sports nutrition!

€ 999



NEO 2T SMART TRAINER

Keep training, whatever the weather, and get the most out of your rides with the Tacx® NEO 2T Smart Trainer!

€ 299



FAGRON SPORT TEST

Discover how your body responds to exercise, nutrition and recovery, based on your DNA!

€ 60



KGM DUO TICKET CYCLO-CROSS

Experience cyclocross from the front row with a duo ticket for the X²O Badkamers Trofee Cup, thanks to KGM, proud partner of X²O Badkamers Trofee Cup!

CLICK TO WIN



5. PRACTICAL INFO

REGISTRATION

Participants check in at the athlete registration desk to collect their number.

- Have your QR code (check your inbox, sender: Eventrac) and race number ready (available on our [website](#)).
- Name/distance changes are possible at the info desk if the **distance is not sold** out for €10. Switching to a more expensive distance? You'll also pay the price difference.
- Come on Thursday: 10% off in the shop!
- On-site registrations are possible at the info desk **if the distance is not sold out** – prices are slightly higher on site.

[CLICK HERE FOR THE OPENING HOURS](#)

[SEARCH YOUR NUMBER HERE](#)

FULL/HALF/JUNIOR athletes only need to check in once. Participants taking part in multiple events should collect all their race numbers at the same time.

BAG DROP

A bag drop is available near the [festival square](#). You can only **drop off a backpack**, NO LOOSE ITEMS.

Make sure to collect your race number on Thursday, Friday or Saturday and avoid the crowds on Sunday. Extra bonus: get 10% off in our shop on Thursday! Check the opening hours of the athlete registration desk.

MERCHANDISE

Pre-ordered merchandise can be collected from our [tent](#) next to the Long Course Weekend shop on the Festival Square. Bring your QR code.

Marathon runners will receive their T-shirt when collecting their race number.

Full, Half and Junior athletes will receive a Long Course Weekend polo shirt and unique goodie bag when collecting their race number. **The polo shirt must be worn** during the medal ceremony on Sunday at 16h00!



SHOWERS & CHANGING ROOMS

Athletes swimming on Friday can change in the changing rooms at the Festival Square. Mobile showers are also available here on Friday.

For those who prefer a full shower, additional showers are available at the Nieuwpoort Municipal Swimming Pool, just a 5-minute walk from the Festival Square.

Address Municipal Swimming Pool: Leopold II-park, Stationslaan, 8620 Nieuwpoort

AID STATIONS

Cyclists can refuel along the way with products from our partner up4™.

90K participants will receive 1 gel, while 180K participants will receive 2 gels and 1 bar in the aid stations.

Runners can expect an aid station approximately every 5 km. Check the map to see what is available at each aid station.

SWIM AID STATION

BIKE AID STATIONS

RUN AID STATIONS



6. FULL, HALF & JUNIOR LONG COURSE WEEKEND

*Are you registered for the Junior, Half or Full Long Course Weekend?
After this page, you'll find detailed information for each discipline.
Make sure to read it carefully so you're fully prepared.*

FULL/HALF/JUNIOR LONG COURSE WEEKEND

- You receive a goodie bag
- You receive a Long Course Weekend polo shirt
- You are included in a separate ranking

CEREMONY

On **Sunday 20 September at 16h00**, the closing ceremony will take place on our Festival Square to celebrate your achievement.

What do you need?

- All your medals
- Wear your Long Course Weekend polo shirt

How does it work?

1. After finishing your run, put on the Long Course Weekend polo shirt you received at registration and bring your 3 medals!
2. Take your place at the back of the red carpet.
3. One by one, athletes will be called to the finish. Full Long Course Weekend athletes will receive their **4th medal** here.
4. Together with the other athletes, you will form a guard of honour for those who are still being called forward.
5. The top 3 will be called forward last and take their place on the podium.

RANKING

Overall ranking = NET SWIM TIME + CYCLING TIMED SEGMENT(S)*
+ NET RUN TIME

**Cycle Flanders Fields is a cycling tour, not a race.*

[CLICK HERE FOR THE REGULATIONS](#)

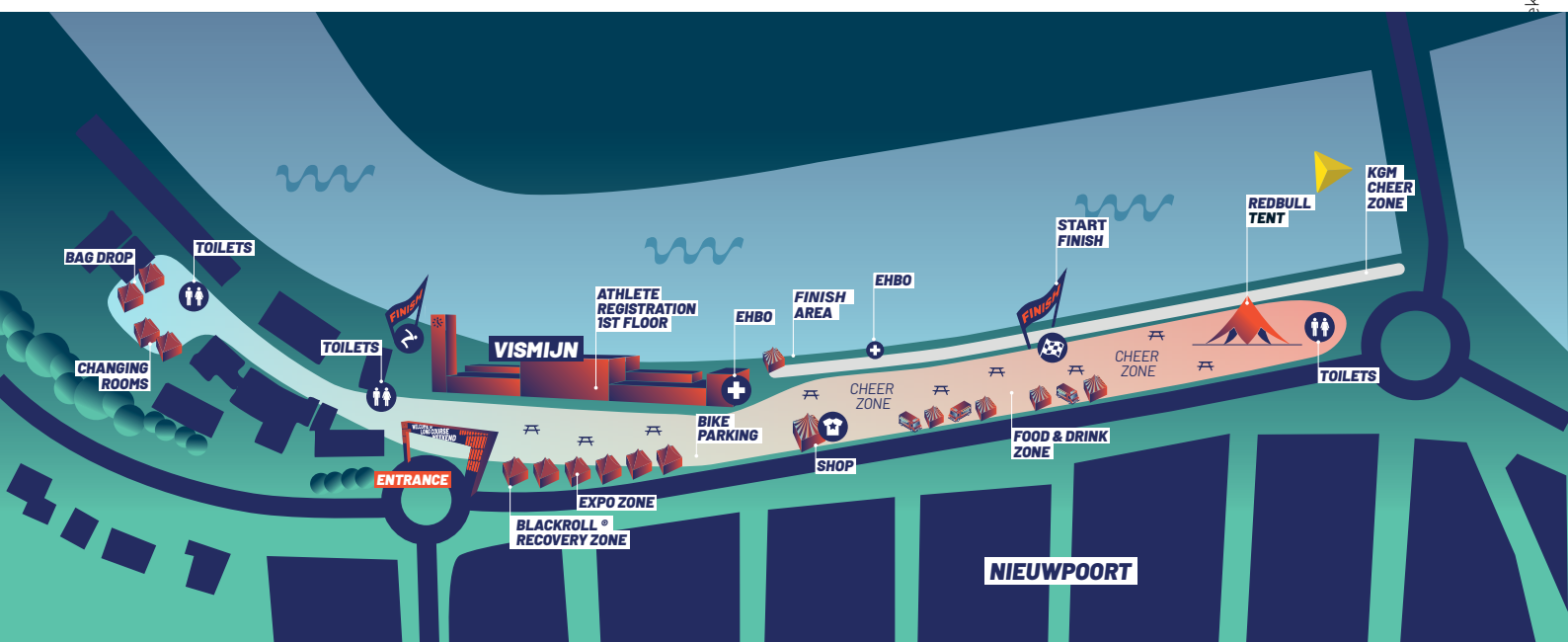


FESTIVAL SQUARE

WHAT CAN YOU EXPECT?

The Festival Square is the beating heart of Long Course Weekend Belgium. Before and after your race, you'll find everything you need here:

- **Expo zone:** discover our partners, the latest sports products and plenty of extras.
- **Bag drop & changing rooms:** leave your belongings safely and get ready for your race without any worries.
- **Athlete registration:** have a question? Our volunteers are ready to help.
- **Food & drinks:** time to refuel! Enjoy something to eat and drink in our food & drink zone.
- **Start & finish:** soak up the atmosphere on the red carpet where our athletes start and finish. On Friday, swimmers finish at the swim finish, to the left of the athlete registration.
- **Recovery zone:** finished your race? Take some time to relax and give your body the recovery it deserves.



[CHECK HERE THE INTERACTIVE MAP](#)



7. PEAKS NIEUWPOORT SWIM



TIMETABLE

16h15: START 1.9K

17h25: START 3.8K

CHECKLIST

- Wetsuit
- Timing chip
- Long Course Weekend swim cap (mandatory)
- Goggles
- Safety buoy (optional)

CUT-OFF TIME

1.9K: 1h05

3.8K: 2h05





RACE FLOW

The 1.9K swimmers will enter the water first at 16:15. The 3.8K swimmers will start at 17h25. If the water temperature is below 15.9°C, a wetsuit is mandatory. If the temperature is above this limit, wearing a wetsuit is still strongly recommended. We will communicate this on Thursday 17 September via our social media channels and app.

The 1.9K swimmers finish after 1 lap.

The 3.8K swimmers finish after 2 laps.

When you exit the water, make sure to return your timing chip. Otherwise, you risk a €50 fine.

At the finish aid station, you can expect Chocomel, Powerade, sweet and savoury snacks, ...

RULES AND SAFETY

1. Fair play comes first
 2. A safety buoy is allowed
 3. Follow the instructions of the organisers and lifeguards at all times
 4. Keep the buoys on your left-hand side
 5. Enjoy!
-

If you need assistance, lie on your back and signal to one of the lifeguards in the boats or on the paddleboards along the course.



LONG COURSE WEEKEND

PASTA PARTY

POWERED BY BAVET

FRIDAY SEPTEMBER 18TH
FROM 17:30

BAVET SPAGHETTI
10% DISCOUNT IN THE SHOP
LIVE DJ & COVER BAND
HAPPY HOUR 19h30-20h30

THE PASTA PARTY IS FOR EVERYONE!
ATHLETES, FRIENDS, FAMILY AND SUPPORTERS.
A LITTLE CHEAPER THAN AT THE FESTIVAL SQUARE!

PRE-ORDER YOUR PASTA HERE



PEAKS

**A BELGIAN PREMIUM
WETSUIT BRAND**



SPECIAL DISCOUNT

-15%

**ON ALL PEAKS WETSUITS
AT OUR BOOTH AT THE EXPO ZONE**



8. CYCLE FLANDERS FIELDS

TIMETABLE

08h00 - 09h00: START 180K

10h00 - 11h00: START 90K

12h00 - 12h30: START 45K

You are free to start at any time within these time slots. You will start in groups of 10–15 participants.

We recommend using a road bike, but time trial bikes and aero bars are also allowed. We ask every athlete to be mindful of fellow athletes and their surroundings.

CHECKLIST

- Bike plate with timing chip and cable ties.
- GPX: The course is signposted. To be safe, download the GPX via our app or website, or use the RouteYou app.
- **Wearing a helmet is mandatory.**

CUT-OFF TIME

180K: 9h

90K: 6h

45K: 3h





RULES AND SAFETY

This is a cycling tour, **NOT** a race.

1. Follow the traffic rules at all times: stop at red lights and give way to traffic coming from the right.
2. Anyone who does not follow the traffic rules will be immediately removed from the course and risks a fine!
3. When collecting your race number, you will be asked to sign a document confirming that you will follow the traffic rules.

[CLICK HERE FOR THE REGULATIONS](#)

VAN EYCK BIKE SUPPORT

Got a flat tyre or a minor mechanical issue? Our partner Van Eyck is ready to help with their **mobile bike repair service** at the Festival Square and along the course.

Their dedicated and experienced team provides professional support, allowing you to fully focus on enjoying your ride without worrying about unexpected technical issues.



NEED ASSISTANCE? CALL OUR EMERGENCY NUMBER: +32 471 01 06 02

CYCLE FLANDERS FIELDS

NOORDZEE

DISCOVER THE COURSES



NIEUWPOORT

VEURNE

HONDSCHOOTE

DIKSMUIDE

POPERINGE

IEPER

HEUVELLAND

BAILLEUL

MESEN

45

90

180



WATER AND/OR COLA



ISO



SNACKS: SALTS AND/OR SWEETS

1. MONT DES CATS
2. MONT NOIR
3. RODE BERG
4. KEMMELBERG
5. PLOEGSTEERT MEMORIAL TO THE MISSING
6. MENIN GATE
7. TYNE COT CEMETERY
8. YSER TOWER



9. THE NIEUWPOORT MARATHON

TIMETABLE

09h15: START X²O BADKAMERS KIDS RUN

10h00: START MARATHON

10h15: START 10K

10h30: START 5K

12h00: START HALF MARATHON - WAVE 1 <2:05

12h10: START HALF MARATHON - WAVE 2 >2:05

16h00: MEDAL CEREMONY JUNIOR, HALF AND FULL LONG COURSE WEEKEND

CHECKLIST

- Race number with timing chip and tear-off bag drop tag
- Safety pins to attach your race number

CUT-OFF TIME

Marathon: 5h30

Half Marathon: 3h30

10K: 1h25

5K: 1h00



RULES AND SAFETY

The course is traffic-calmed, but not completely traffic-free.

1. Follow the traffic rules at all times.
2. Always follow the instructions of the police and course marshals.

[CLICK HERE FOR THE REGULATIONS](#)

NEED ASSISTANCE? CALL OUR EMERGENCY NUMBER: [+32 471 01 06 02](tel:+32471010602)

PACERS

HALF MARATHON
1:30 (wave 1)
1:40 (wave 1)
1:50 (wave 1)
2:00 (wave 1)
2:10 (wave 2)
2:20 (wave 2)
2:30 (wave 2)

MARATHON
3:30
3:40
3:50
4:00
4:10
4:20
4:30
4:45
5:00

LIVE TRACKING

[DOWNLOAD THE APP* FOR LIVE TRACKING](#)

**In the app, you'll find not only live tracking, but also the courses, aid stations, entertainment hotspots and much more!*

GOING FOR A PODIUM SPOT?

Make sure you arrive at the start well in advance and position yourself at the front. This will allow you to get your race off to a smooth start.

NOORDZEE

5K & 10K

WATER AND/OR COLA

ISO

SNACKS

DISCOVER THE COURSES

5K

10K

IJZER

NIEUWPOORT

MARATHON & HALF MARATHON

NOORDZEE

DISCOVER THE COURSES



 MARATHON SUPPORTER HOTSPOT

 WATER AND/OR COLA

 ISO

 SNACKS

 HALF MARATHON

 MARATHON

10. X²O BADKAMERS KIDS RUN

WELCOME KIDS!

Long Course Weekend Belgium is excited to welcome young athletes with their very own fantastic Kids Run. The run will take place on **Sunday morning at 09h15**, using the same start and finish area as the 5K, 10K, Half Marathon and Marathon.

- Red carpet start & finish
- Special Kids Run medal
- A fun goodie bag from X²O Badkamers
- Sports & fun

With the proceeds from the X²O Badkamers Kids Run, we support schools in Nieuwpoort with the purchase of sports equipment!

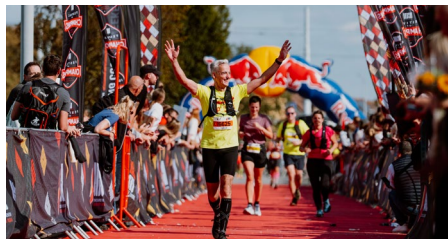
3 distances:

- Ages 3–5: 300m
- Ages 6–8: 600m
- Ages 9–11: 1200m



11. DISCOVER MORE

Stick around after your race and enjoy the atmosphere! There's plenty to experience at our Festival Square: enjoy the tunes from our DJ, grab a drink at the bar or take your time browsing our shop.



RESULTS

You can find all results here immediately after your race.

[DISCOVER THEM HERE](#)



FINISHERPIX

With FinisherPix, you can order all the photos taken of you during your race(s)! Make sure your race number is visible.

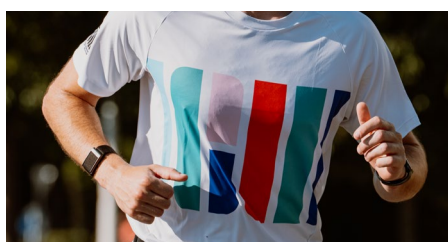
[ORDER HERE](#)



FOOD COURT

Treat yourself to a drink, a healthy snack or a delicious meal!

[DISCOVER MORE](#)



LONG COURSE WEEKEND SHOP

At our Festival Square, you'll find the Long Course Weekend shop. Discover items from previous editions as well as brand-new gear.

[CLICK HERE FOR THE WEBSHOP](#)



EXPO

Need a new wetsuit? Or maybe a foam roller? Or fancy a visit to the Fagron Health Village? You'll find a variety of expo stands at the Festival Square.

[DISCOVER HERE](#)

12. EXPO

There's plenty to discover during Long Course Weekend Belgium! At the Festival Square, you'll find our expo zone, where our partners will be there to welcome you throughout the weekend.



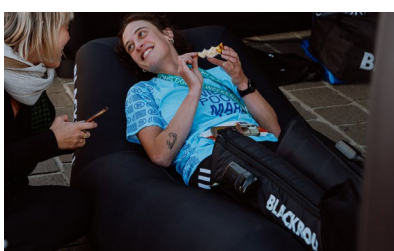
PEAKS

Need anything else for your swim? At PEAKS, you'll find everything you need for open water swimming, from wetsuits and goggles to other useful swim accessories.



up4™

Discover a range of products for endurance athletes from our nutrition partner and learn how to optimally support your body before, during and after exercise.



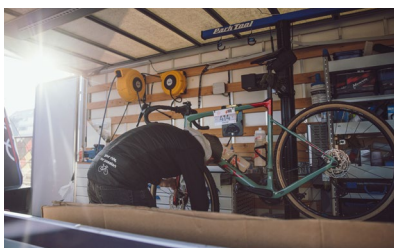
BLACKROLL®

Discover everything about recovery and mobility at BLACKROLL®. Try their well-known foam rollers, massage balls and other recovery tools, or take some time to relax with the Compression Boots.



FAGRON HEALTH VILLAGE

Fagron Genomics uses DNA analysis to provide deeper insights into areas such as training, nutrition and recovery. Visit their stand and discover how your genetic profile can help you further personalise your approach to training and performance.



VAN EYCK SPORT

Need one last check before your ride or dealing with an unexpected technical issue? Van Eyck Sport will be there throughout the weekend to provide professional bike support.



PACE42

A special sporting achievement deserves a great keepsake. PACE42 creates stylish displays that give your race and achievement a lasting place.

Fagron Health Village

Measure to know

During Long Course Weekend Nieuwpoort, discover how measurement, understanding and informed action come together at the Fagron Health Village.

Across four zones — Discover, Fuel, Perform and Recovery — you'll gain practical insights into health, nutrition, performance and recovery.

With tools such as MultiScan, NutriGen and SportTest, discover how measurements and personal insights can contribute to more conscious choices around training, recovery and lifestyle.

**MEASURE.
UNDERSTAND.
MAKE BETTER
CHOICES.**



1. DISCOVER

Measure to know

Discover what your body, data and personal insights can tell you.



2. FUEL

Nutrition & energy

Practical insights into nutrition, hydration and smarter choices.



3. PERFORM

Training & performance

Work on goals, training and performance at your level.



4. RECOVERY

Recovery & resilience

Sleep, stress and recovery as foundations for sustainable progress.



For athletes, supporters and everyone who is consciously engaged with their health.



Come and discover how small insights can contribute to more conscious choices.



HEALTH TALKS

15 minutes. One topic. Better understand your body.

FRIDAY 18 SEPTEMBER

- 15:30** **Health Talk 1**
Measure to know: what does your body tell you?
- 18:30** **Health Talk 2**
Better sleep = better recovery

SATURDAY 19 SEPTEMBER

- 11:30** **Health Talk 3**
What does the nutrition label tell me?
- 13:30** **Health Talk 4**
How breathing influences your performance
- 16:00** **Health Talk 5**
HRV: what does your heart tell you about recovery and stress?

SUNDAY 20 SEPTEMBER

- 10:30** **Kids Talk**
My child is active: what does it need?
- 11:30** **Health Talk 6**
Drink smarter: water, salt and sports drinks
- 13:00** **Health Talk 7**
Collagen: hype or not?
- 15:00** **Health Talk 8**
Recovery after sport: what should you consider?



Health Talks

Our short group sessions are held in Dutch and offer practical information on focused topics.



1-to-1 advice

Ask your question and our professionals will be happy to help you further in your own language.

The Health Talks are for informational purposes and do not replace individual medical advice.



13. TRIPLE CHALLENGE

Triple Challenge is the charity partner of Long Course Weekend Belgium.

Together, we are committed to making sport accessible to everyone.

By taking part, you are making a real difference. **For every registration, €0.50 is donated to Triple Challenge**, supplemented by voluntary donations. This helps fund the purchase of a special race buggy, allowing athletes to take part in events together with a parent or buddy.

But it's not just about supporting them: these athletes will also be on the start line themselves. They show what is possible with the right support and plenty of determination.

- Make sure to visit their stand at the Festival Square, discover their story and be inspired.
- Cheer them on, support the initiative and help create a more inclusive world of sport.

*SPORT FOR INCLUSION.
SPORT FOR THE FUTURE.
SPORT FOR GOOD!*

DISCOVER MORE



DONATE HERE





14. FAQ

"CAN I STILL CHANGE MY DISTANCE/NAME?"

You can still change your distance or name at the athlete registration desk (€10 administration fee). For a name change, you need the ticket and race number of the original athlete. You can only change your distance if the new distance is not sold out.

"WHERE CAN I FIND MY QR CODE AND RACE NUMBER?"

You can find your QR code in your inbox with your ticket (sender: Eventrac).

[CLICK HERE TO FIND YOUR NUMBER](#)

"CAN I RENT A WETSUIT?"

Yes, you can rent a wetsuit from our partner PEAKS.

[RENT HERE](#)

"DO YOU HAVE AN APP?"

Yes, we do! In our app, you'll find live updates, courses, the first photos, live results and much more.

[DOWNLOAD THE APP](#)

"WHAT IF I NEED ASSISTANCE ALONG THE WAY?"

Our emergency number is available during the bike and run events: [+32 471 01 06 02](tel:+32471010602)

"WHEN IS THE CEREMONY?"

On Sunday 20 September at 16h00, the closing ceremony will take place for all Junior, Half and Full Long Course Weekend athletes. We ask everyone to attend wearing their polo shirt and bringing their medals. Make sure to stick around for this unforgettable moment!

"CAN I STILL REGISTER ON THE DAY?"

Yes, on-the-day registration is possible for distances that are not yet sold out. Prices for on-the-day registrations are slightly higher.

"WHO RECEIVES THE 4TH MEDAL?"

The 4th medal is awarded to all finishers of the Full Long Course Weekend.

"ARE SHOWERS AVAILABLE AFTER THE SWIM?"

On Friday 18 September, mobile showers are available at the Festival Square. You can also shower free of charge at the Nieuwpoort Municipal Swimming Pool, approximately a 5-minute walk away.

"CAN I GET FOOD AND DRINKS AT THE FESTIVAL SQUARE?"

Absolutely! Throughout the weekend, there will be an extensive food & bar zone where you can grab something to eat and drink.

[DISCOVER THE FOOD ZONE](#)

dsm-firmenich LONG COURSE WEEKEND NETHERLANDS MAASTRICHT

21 - 23 MAY 2027



REGISTER HERE

25% DISCOUNT CODE*: LCW2027NL

*CODE VALID UNTIL 25/09/26.



THANK YOU PARTNERS!

NIEUWPOORT



JUST
★
EDDY



BLACKROLL®

up4™

KGM
Korean Genius in Motion



Fruitsnacks

POWERADE®

van eyck sport
TOTAL CONCEPT FOR CYCLING

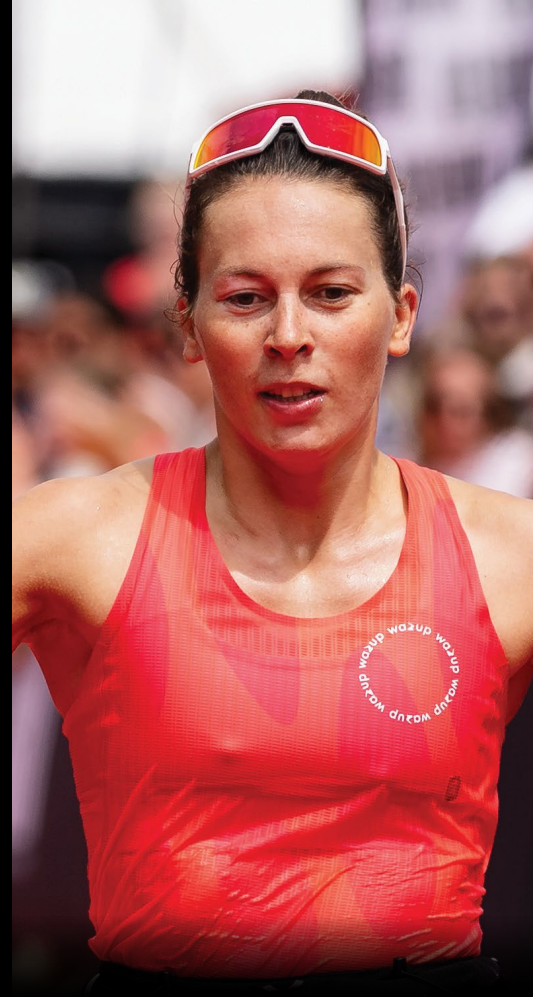


Chocomel

Fagron
personalizing
medicine

100 BM
Barlaeu
Mottre

MAXUS



**3 DAYS.
3 DISCIPLINES.
3 AMAZING LOCATIONS.**



18-20 SEPT 2026



21-23 MAY 2027



2-4 JULY 2027

[LONGCOURSEWEEKEND.COM](https://longcourseweekend.com)



**Your trusted
partner in
bicycle leasing
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Thank you for your trust!

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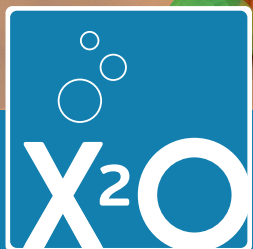
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